

On Friday and Saturday, Jan. 5 and 6, 1917

I Will Sell My Entire Stock of Groceries

AT COST

3 pound can Tomatoes, per can at...	8 1-3c
Can Little Cook Corn, per can, at...	8 1-3c
Can Riverside Peas, per can, at...	8 1-3c
3 pound Can Harmony, per can, at...	7c
3 pound Can Kraut, per can, at...	10c
2 pound can Kraut, per can, at...	7c

MOLASSES

5 pounds Green Velva at...	33c
1 1/2 pound Green Velva at...	9c
5 pound Mary Jane at...	20c
5 pound Red Label White Molasses at...	25c

COFFEE

Good 30c Coffee per pound at...	21c
Cheap Coffee per pound at...	14c
Peaberry Coffee per pound at...	17c
Luzianne Coffee per pound at...	25c
Arbuckle Coffee per pound at...	19c
R. T. Coffee per pound at...	7 1/2c

Thread, per spool, at...	4 1/4c
2 pound Table Salt, per box, at...	2 1/2c
3 pound Table Salt, per box, at...	3 1/4c
5-Tie Brooms, each...	30c
4-Tie Brooms, each...	25c
3 pound Zinc Tubs, each...	75c
2 pound Zinc Tubs, each...	65c
Tobacco, per plug...	4c and 8c
25c Bucket Axle Grease, each...	16c
10c Boxes Axle Grease, each...	6 1/2c
Pinto Beans, per pound...	6c
Butter Beans, per pound...	7 1/2c
Black Eyed Peas, per pound...	7 1/2c
Fruit Jars at...	45c
Fruit Jars, one half gallon at...	55c
Clean Easy Soap per bar...	4c
Candies, per pound...	12 1/2c
Good Wrapped Meat, per pound...	19c
Evaporated Peaches, per pound...	7 1/2c
Evaporated Apples, per pound...	7 1/2c
Wine of Cardui, per bottle...	60c
Black Draught, per bottle...	12 1/2c
Stock Medicine Black Draught, per box...	17 1/2c
Roller Oats, 25c size for...	16 1/2c
Roller Oats, 10c size for...	7 1/2c
Snow Drift Lard, per bucket at...	75c
Brass King Wash Boards at...	40c
Glass Wash Boards at...	20c
4 qt. Tin Buckets at...	10c

Many Other Articles at Cost

D. A. NEWTON

EAST HICKMAN

Last Wednesday night robbers entered the big Dry Goods Store of Aaron Caldwell's on Church street, and helped themselves to about \$250 worth of shoes, suits, hats, shirts and other articles.—Lake Co. News.

We are informed by the publishers, that the subscriptions of the Kentucky magazine, a new publication started in December, will begin with the January number, shortly to be published.

Hester & Hester are back at their law office over Cowgills Drug Store after an absence of six weeks, continuous court at Mayfield, Ky.

C. I. Hagan and wife, of Union City, spent Sunday and Monday with J. C. Hendrix and wife.

Shirley Clear spent the holidays with home folks at Henderson, Ky.

On Friday evening Miss Bess Choate entertained a number of her friends at an elegant six course dinner. After dinner dancing was enjoyed. The guests were Misses Carrie May Reid, Annie Lee Brown, Jane Binford, Camille Barrett, Messrs. Floyd Adkisson, Ed Rice, Henry Cowgill, Drewry Bondurant and Jin Dee Pickett.

Hardaman Howard, of Fulton, visited Ben Walker last week.

B. G. Hale, Sr. spent Tuesday and Wednesday in Memphis.

Miss Kathryn Brock spent Wednesday in Union City.

T. M. French spent a few days in Memphis this week.

Miss Violet Naylor is on the sick list.

Mrs. J. B. Housley is on the sick list.

Frank Lee has sold back to its founder—David Bright—the East Prairie (Mo.) Eagle. Dave is an old Hickman boy—a son of Dr. W. M. Bright—and a fine newspaper man. He has been out of the harness for the past two years, but established the Eagle twelve years ago.

Rev. W. F. Renneberg held mid-night services at the Episcopal church Dec. 31-Jan. 1, which was well attended. This is the first service of the kind held here in many years.

Don't forget that winter cold. Get a 25c box of Stone's Cold Tablets—the reliable, safe cold remedy.

The U. D. C. will meet next Tuesday afternoon at 3 o'clock with Miss Lite Faria.

L. A. Brock was in Mayfield Saturday on business.

Fundamental Principles of Health

By ALBERT S. GRAY, M.D.

(Copyright, 1914, by A. S. Gray) SUNLIGHT AND TUBERCULOSIS.

Referring to certain worms and jelly-fish which contain chlorophyll, seek sunlight and give off oxygen in the light, but soon die if kept in the dark, Bunge writes: "It follows that a complete antithesis between interchange of force and matter in animals and plants does not exist; and it will be henceforth impossible to separate the physiological chemistry of the vegetable from that of the animal world. The more our knowledge of each section of science advances the more the two become fused together." There is a fundamental law that prevails throughout all departments of nature that nothing can come into being that is not demanded by the conditions at the time. There is, in other words, a reason for everything, and investigation to the point of understanding invariably proves every phenomenon to be very simple.

Ordinarily the sun is looked on by the average individual with interest only when it is undergoing eclipse, but the biologist who has reduced plant culture to almost a science knows that the sun is the most vital factor in life. The biologist knows by experience that if his plants do not receive sufficient sunlight they become weakened and readily acquire all sorts of fungous diseases. There is no mystery about it at all. Also he knows that if the soil conditions are not normal sunlight alone will not protect his plants from diseases.

Possibly taking the hint from the biologist, Professor Poncet of Lyons—the first person systematically to employ heliotherapy, a method of treating surgical tuberculosis by means of direct sunlight—began to use the direct sun rays in the treatment of tubercular joint infections in 1892 and not only used the method freely in his personal practice, but impressed the value of solar exposure upon all his pupils. In 1899 the definite statement was made that Professor Poncet believed the beneficial effects from the exposure of tubercular infections to solar rays extended not only to tubercular bones, ganglia and the like, but also to tuberculosis of the internal organs. It is interesting here to note that Dr. Alexis Carrel began his surgical studies as interne under Professor Poncet and it is not unreasonable to infer that the influence of Professor Poncet's initiative may have spurred Doctor Carrel into original work.

Doctor Rollier, a Swiss physician of Leysin, became an ardent advocate of the treatment and secured marvelous results from the use of direct sun rays on tubercular infections in patients among the snow covered peaks of Switzerland.

Doctor Oelsnit of Nice reports the treatment useful in tubercular peritonitis. Doctor Emmett of Philadelphia and Doctor Squire of Moscow report excellent results from sun rays in acute muscular rheumatism. Direct sunlight is declared to be beneficial in infected wounds, and Doctor Almes of Montpelier reports that the treatment hastens the formation of scar skin on burns, which usually heal very slowly. Further confirmation of the results of the treatment comes from Doctor Bardenhauer of Cologne. Doctor Bardenhauer had long been a champion of the knife in external tuberculosis, and in 1911 he undertook to "control" Doctor Rollier's experiments to test their value. The results obtained were so satisfactory that he introduced the system of heliotherapy into his hospital practice.

Doctor Hinsdale, writing in the Interstate Medical Journal, describes the treatment as follows: "The patient is clothed in linen or white flannel, according to the season; he wears a white hat and is protected from direct sunlight on the face by a screen and wears smoked or yellow glasses. And now comes the peculiar and interesting method of the exposure. It makes no difference where the disease is located, whether in the hip, the spine or the cervical glands, the invariable rule is to begin with the feet. The next day the legs will be exposed; the third day the thighs. On the fourth day the abdomen is exposed; the fifth the thorax. Finally on the sixth or seventh day he exposes the neck and head with careful supervision."

The treatment is reported to be very effective in tubercular hip, joint and knee diseases, especially in the latter, because in such cases not only is the infection destroyed and the wound healed, but the joint remains mobile, a result always lacking where surgical interference is resorted to. Also it is reported effective in tubercular peritonitis, acute muscular rheumatism and trachoma, a very infectious granular inflammation of the mucous lining of the eyelids and the outside of the eye.

But it is not necessary to go to the mountains for treatment, for the sun shines everywhere.

1917

Greet You With a Smile

And That Smile Will Stay With You

Throughout the Year if You

INSURE YOUR PROPERTY WITH

Henry INSURANCE

SOLD COTTON AT 33c.

D. B. Wilson sold cotton in Memphis last week at 33c a pound, notwithstanding the enormous drop in prices, precipitated by the bone-head statement given out by Lansing. If the same cotton had been sold about Thanksgiving, it would no doubt have brought around 38c, which is likely about the best price paid in Memphis in the last quarter of a century.

The United Charities wish to thank each one who helped in any way with the Christmas donations, those who filled stockings for the children, individuals who gave money, and the Farmers & Merchants Bank, the W. O. W., Columbian Woodmen and Odd Fellow lodges, the Law and Order League and the Hickman Courier, which has been so helpful to the charities. We gave 55 dinners and stockings to more than a 100 children. We wish each of you a Happy and Prosperous New Year.

The Courier desires to thank most sincerely the good ladies of the Ladies Aid Society of the Methodist church for two lovely baskets of fruit sent us Christmas accompanied by notes bearing a message that was even more appreciated. In the words of Van Winkle, may each of you "live long and prosper," is our wish.

R. F. B. Logan and wife arrived here from Hernando, Miss. this week to visit the latter's father, G. B. Threlkeld. On account of ill health, Mr. Logan expects to leave Hernando, where he has been for a number of years.

Mgr. Parrish of the Cumberland Tele. Co. tells us that he hopes to move their exchange to the new bank building about the first of next month. Their new switchboard has been promised for the 15th inst.

Mrs. Bettie Walton and granddaughter, Clyddie Robinson, of Hornbbeck, are guests of J. W. Walton.

You will save money on flour, sugar, coffee and groceries of all kinds if you buy at Grismom's.

NOTICE TO SUBSCRIBERS.

The Courier has several hundred subscribers who time expired on the first of the month. If you received a notice of expiration this week, please remember to renew, as no paper will be sent to you next week unless you do so. The Courier is not forced on anyone, but we hope you will continue with us. The price is now \$1.25 a year—and will remain so until the price of newspaper paper comes down a few dollars per hundred—and the prospects are not encouraging now, in fact, the condition is growing worse. Many papers have quit business and most of the remaining ones have advanced the subscription price to \$1.50, but the Courier will not exceed a \$1.25 if we can help it.

The Auxiliary of the C. W. B. M. was entertained Monday afternoon by Mrs. Joe Polhamus, the meeting being led by Mrs. R. V. Putnam. Hot chocolate and cake were served. The next meeting will be in the 1st Monday in February at the home of Mrs. Brittan.

FOR SALE: Several hundred acres of improved bottom land, a few miles below Hickman, on easy terms. No finer land in the country and rapidly advancing in price. For particulars, call at this office. 2p.

Don't forget to call for votes on the free auto when you subscribe for the Courier.

Our grocery department is brimming with good things—Bondurant Bros.

FOR SALE: 30 tons choice mixed timothy and red clover hay.—T. T. Swayne. 1c

WANTED: Second hand roll top desk. Apply this office. 1p

STOP — any time you want groceries—at Grismom's.

Try Our FRESH MEATS C. E. MOORE Phone 4

We Wish You One and All

A Happy, Prosperous New Year

We take this means of expressing our sincere appreciation for your very liberal patronage of the past year, and assure you that in the year beginning it shall be our aim and effort to give you even better service, better merchandise and better values.

BALTZER & DODDS DRY GOODS CO.

Incorporated

We Are Happy

If your relations with us during 1916 have been as pleasant as ours have with you we are all happy. We trust we may be given the opportunity of serving you during the coming year and will put forth our very best efforts.

We will keep our stock of drugs and druggist sundries up to the highest possible standard and it will be a pleasure to serve you at any time. May health, happiness and prosperity be yours during the year just dawning.

Hickman Drug Co.